



BirthDiva™ Star Clients - August 2008

Calvin and Olivia Flowers

Baby Clarke Aaila Flowers – Born: July 8, 2008

Having Shayla with us during our birthing experience was phenomenal! After 25 hours of labor resulting in a C-section was not our birth plan at all, however the birthing process and communication between the doctors regarding and our wishes was respected because of Shayla's presence. My husband, Calvin, was able to be a great coach and survivor of labor due to Shayla's expertise and knowledge. I remember her encouraging words and much needed massages as each contractions came harder and stronger, there were times when I wanted to give up, but she reassured me that I was doing a great job and my baby's arrival was nearing, I was able to endure non-medicated labor for 18 hours and it was because of Shayla's support. We are very pleased with our choice of having Shalya as our doula and would not think twice about doing it again.



Even though we did not have a vaginal birth, I was pleased to have the positive support and encouragement from Shayla that I needed to endure labor, surgery and postpartum recovery.

Doula services were highly recommended by a chiropractor friend of ours, he told us about the invaluable experience and expertise that would definitely aid in creating our beautiful birthing experience.

We signed up for Bradley classes with Shayla and then found out that she was also a doula, so after meeting her we felt very confident in our decision to hire her as our doula.